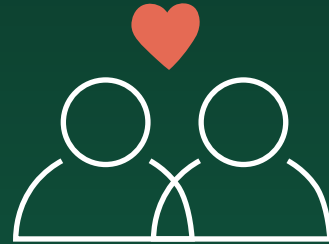


Types of Counselor-Client Relationship



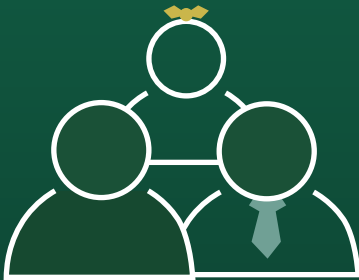
Individual counseling

focuses on helping individuals overcome challenges to their mental health and well-being.



Couples counseling

focuses on overcoming conflict and building a stronger relationship between romantic partners.



Family counseling

focuses on the social dynamics between multiple family members, including the assessment of each member's effect on the family structure.



Group counseling

engages multiple unrelated individuals in working together to overcome challenges that are common to all of them.

